

Registration Form

Basic Teacher Training Workshop Part 1
June 10-12, 2011
Calgary, Alberta

FEES (includes workshop supplies):

Single person fee: \$225.00
Married couple fee: \$375.00
Fees for accredited teachers or for registered trainees who have previously attended a Part I workshop: \$100.00/person

**No charge for clergy
FREE FRIDAY NIGHT PUBLIC SESSION**

Total Payment Enclosed: \$ _____

Please make cheques payable to:

Natural Family Planning Association (AB)

CANCELLATION POLICY

Cancellations TWO or more weeks **BEFORE** the workshop will receive a full refund.
Cancellations **AFTER** the TWO week deadline will receive NO refund.

Name: _____

Address: _____

Telephone: _____

Email: _____

I am a teacher trainee.

I am an accredited teacher

Please mail registration form and payment to:

**Natural Family Planning Association (AB)
Box 2052
Stettler, AB T0C 2L0**

**REGISTRATION DEADLINE:
Friday, June 3, 2011**

Accommodations

Holiday Inn Express Hotels and Suites
Macleod Trail South
12025 Lake Fraser Drive
[403-225-3000](tel:403-225-3000)
\$111 per night

Super 8 Calgary/Shawnessy
60 Shawville Rd. SE
[403-254-8876](tel:403-254-8876)
\$95 per night

Delta Calgary South Hotel
135 Southland Drive SE
[403-278-5050](tel:403-278-5050)
\$89 per night

Should you prefer billeting, contact
LeeAnn at: [403-742-8142](tel:403-742-8142)

**REGISTRATION DEADLINE:
Friday, June 3, 2011**

Natural Family Planning Association (Alberta)

Toll free:

1-866-796-3722

E-mail:

info@billingsnaturalfamilyplanning.org

**The NFP Association believes that:
"Every woman has the right to knowledge
and understanding of her fertility and
reproductive health.."**



**Natural Family
Planning Association
(Alberta)**

**Basic Teacher
Training Workshop
Part 1**

June 10-12, 2011

**St. Bonaventure
Church
1600 Acadia Drive, SE
Calgary, AB**

Fr. Stephenson Room

Workshop Registration

Registration starts at 6:30 Friday night

The workshop registration fee includes lunch and supper on Saturday and lunch on Sunday. Breakfast is not provided.

Schedule

Friday: Registration at 6:30 PM, Session from 7-9:30 PM (open to the public)

Saturday: 9:00 AM – 8:30 PM

Sunday: 9:00 AM – 3:30 PM

A detailed weekend schedule will be provided at registration on Friday. Mass will also be scheduled.

Who Should Attend This Workshop?

Individuals or couples aspiring to become accredited Billings Ovulation Method Instructors.

(Please note: This is the first phase of training, which will be followed by a second workshop, exam, personal charting, clinical experience and client studies.)

Clergy or medical professionals desiring more knowledge of the Billings Ovulation Method but who may not wish to accredit as instructors

Couples wishing to gain more experience in order to improve their personal use of the method or couples wishing to present the Billings Ovulation Method for Marriage Prep. but not intending to read and clarify charts.

Friday Night Session 7 - 9:30 PM

This free session is open to the public and will feature an 'Introduction to the Billings Ovulation Method' and the 'Science Behind the Method.'

Topics to be Covered in Our Workshops

Teacher Training Workshop Part 1

- Scientific Understanding
- The Hormones – work of Prof. J. Brown
- The Cervix – work of Prof. E. Odeblad
- Overview of the Billings Ovulation Method
- Six Requirements of Fertility
- Rules of the Billings Ovulation Method
- Charting with Symbols
- Normal Cycles
- Recognition of the Peak
- Basic Infertile Pattern of Dry
- Cycles of Average Length, Short and Long
- Thinking of Patterns
- BIP of Discharge/Combined BIP
- Average Length Cycles; Cycles over 35 days
- Different Types of Bleeding
- Natural Indicators of Ovulation
- Breastfeeding – Helping the Lactating Mother

Teacher Training Workshop Part 2

- What to Expect in Peri-Menopause
- Sub-Fertility
- Post Hormonal Contraception
- Rapidly Changing Pattern of Discharge
- Recognizing Abnormalities
- Condom Charts/Pregnancy Investigations
- Assignment Review
- Review of Science and BOM Application
- Clarification of Unanswered Questions
- How Much Information to Give in the Initial Instruction



There will be no provision for childcare, however, nursing babies in arms are welcome to attend with their Moms!

Workshop Facilitators:

Mrs. LeeAnn Kinderwater

LeeAnn lives in Stettler, AB with her husband Francis and they have raised 6 children and now have 7 grandchildren. As Director of Education and Public Relations for NFP Association (Alberta), she facilitates teacher training and mentors teachers throughout western Canada, is the lead teacher trainer on the Education Committee and was recently certified to facilitate Advanced Teacher Training in North America. She teaches couples and women in the regions of AB, NWT and NT that do not have access to accredited instructors and is a Certified Teen Star teacher. After struggling with contraception in the early years of marriage, once she discovered the beauty and freedom that the Billings Ovulation Method has to offer, she jumped in with both feet and hasn't looked back since.

Mrs. Cathy Perri

As a former registered nurse Cathy has worked in the fields of general surgery and neonatal intensive care. She is currently recertifying and works with Calgary doctors in an NFP clinic, which deals primarily with infertility and reproductive health issues. She is a member of the Calgary NFP Doctors Journal Club and is the Canadian teacher liaison for Dr. Mary Martin, Billing Center for Fertility and Reproductive Medicine, Oklahoma City, OK. She holds a position on the NFP Association (AB) Education Committee and is an Executive member of WOOMB Canada. She was recently certified to facilitate Advanced Teacher Training in North America and partners with LeeAnn to facilitate Teacher Training and mentoring in Western Canada. She lives with her family and huge German Shepherd Max in Airdrie, Alberta.