

Natural Family Planning Association (Alberta)
Presents:



**Basic Teacher Training Part 1
Weekend Workshop**

February 26 – 28, 2010

(Friday night session, 7 to 10 PM, available for those who are seeking more information on the BOM method or wishing to use the method personally. See brochure for details.)

A modern method of natural family planning:

Developed by doctors and based on proven scientific research.

99.64% effective with proper instruction and user motivation.

Useful for both planning and postponing pregnancy.

Natural and harmless.

Reliable through all reproductive phases of a woman's life.

Is NOT the Rhythm method.

Helps establish and maintain respect & harmony in marriage.

Fully endorsed by the Catholic Church

Misericordia Hospital
16940-82 Avenue
3rd Floor North
Room 351
Edmonton, AB

REGISTRATION DEADLINE: February 12, 2010