

Natural Family Planning Association (Alberta)
Presents:



**Basic Teacher Training Part 1
Weekend Workshop**

January 22 – 24, 2010

(Friday night session, 7 to 10 PM, available for those who are seeking more information on the BOM method or wishing to use the method personally. See brochure for details.)

A modern method of natural family planning:

Developed by doctors and based on proven scientific research.

99.64% effective with proper instruction and user motivation.

Useful for both planning and postponing pregnancy.

Natural and harmless.

Reliable through all reproductive phases of a woman's life.

Is NOT the Rhythm method.

Helps establish and maintain respect & harmony in marriage.

Fully endorsed by the Catholic Church

Town and Country Centre
275 Jensen Drive NE
Airdrie, Alberta

REGISTRATION DEADLINE: January 8, 2010